***Pandemic and Stress Questionnaire***

The following questions are related to a survey for computing the level of stress due to the global pandemic COVID-19 amongst the age group 15 to 45 years.

All the answers and sensitive information will remain confidential. No answer is wrong or right. Tick or mark the option which feels the truest according to your circumstances.

*Question 1:*

Was there any symptoms of extreme stress before pandemic?

* Always
* Most of the time
* Sometimes
* Seldom
* Always

*Question 2:*

‘I have suffered from symptoms of extreme stress since the pandemic’s start.’

* Strongly agree
* Agree
* Neutral
* Disagree
* Strongly disagree